

CLINICAL EXCELLENCE. MEASURABLE OUTCOMES.

At Selah House, clinical excellence isn't a standard we aspire to — it's the foundation on which every program is built. Our credentialed, multidisciplinary teams deliver individualized treatment that integrates evidence-based modalities with holistic care, meeting each client's clinical complexity with precision and compassion. The outcomes reflected in this report are the direct result of that commitment, and of the clients who trusted us with their care.

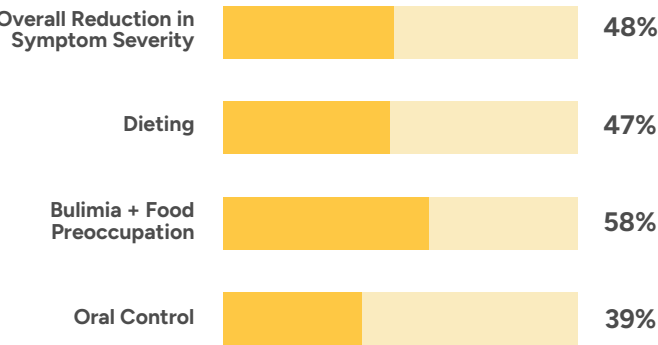


Selah House

2025 CLINICAL OUTCOMES

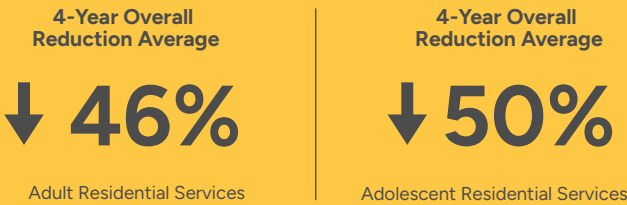
4-YEAR | SELAH HOUSE RESIDENTIAL (EAT-26)

The EAT-26 is a validated self-report screening instrument used to measure symptoms, behaviors, and attitudes associated with eating disorders.



MEASURED PROGRESS 4 YEARS OF CLINICAL OUTCOMES

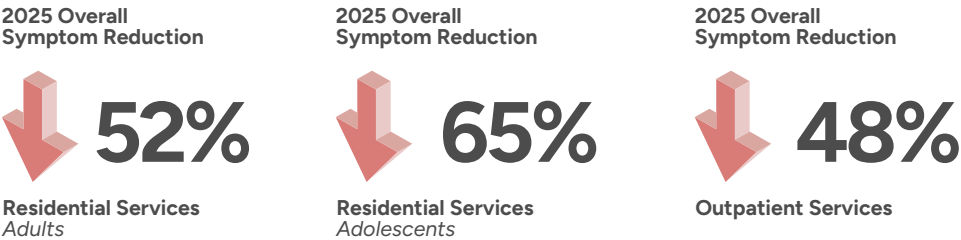
Selah House provides structured, evidence-based eating disorder treatment for adolescents and adults, integrating medical care, clinical therapy, nutritional counseling, and family support to build a strong foundation for long-term recovery.



(EAT-26)

2025 | ODYSSEY RESIDENTIAL + OUTPATIENT (EAT-26)

Odyssey Behavioral Healthcare advanced the development of a unified nutrition model in 2025, an evolving, outcomes-driven philosophy that continues to strengthen clinical results across its programs.



A PROVEN TRACK RECORD

Over the past five years, adults and adolescents across all Odyssey residential eating disorder programs reduced their eating disorder symptom severity by an average of



(EAT-26)



WHAT OUR CLIENTS SAY

Voices from Our Community



Choose Selah House. When you're in that scary moment of looking for treatment for a loved one, it's hard to know where to turn. For us, Selah was precisely the right thing. A low-key Christian environment, Selah provides excellent professional medical, psychological, behavioral, and nutritional guidance. The structured but home-like atmosphere in the beautiful wooded setting makes Selah House a safe, nurturing place to begin healing."

—Grateful Alum
Selah House

CARE INFORMED BY RESEARCH + TRAINING

Selah House uses a comprehensive battery of clinical outcome measurement tools to track progress, assess treatment effectiveness, and refine care in real time. Grounded in current research, these tools provide objective insight across eating disorder, substance use, and mental health treatment, enabling the clinical team to adapt, optimize, and deliver the highest standard of care for every client.

eBASIS

BPRS



2025 | ODYSSEY RESIDENTIAL + OUTPATIENT

CLIENT DEMOGRAPHICS + DIAGNOSES

Odyssey Behavioral Healthcare's eating disorder programs provide residential and outpatient treatment for adults and adolescents of all genders. Each treatment plan is built around the individual, integrating evidence-based therapies, medical support, and clinical attention to the physical, emotional, and behavioral factors that drive disordered eating.

1,107
DISCHARGES

81%
ADULTS

19%
ADOLESCENTS

CLIENT DISORDER BREAKDOWN	PRIMARY DIAGNOSIS
Anorexia nervosa	42%
Other specified feeding or eating disorder (OSFED)	34%
Bulimia nervosa	7%
Avoidant/restrictive food intake disorder (ARFID)	7%
Unspecified feeding or eating disorder (UFED)	5%
Binge eating disorder	4%
Other	1%

Note: Percentages may not equal 100% due to rounding.