

LIFE-CHANGING TREATMENT WITH PROVEN, LASTING IMPACT

We meet clients where they are in their journey and provide the therapeutic techniques and practical tools to support sustainable eating disorder recovery. Our credentialed, expert clinical teams help clients see healing as possible by using individualized treatment plans that combine of evidence-based treatment modalities with holistic methods to achieve whole-person wellness.

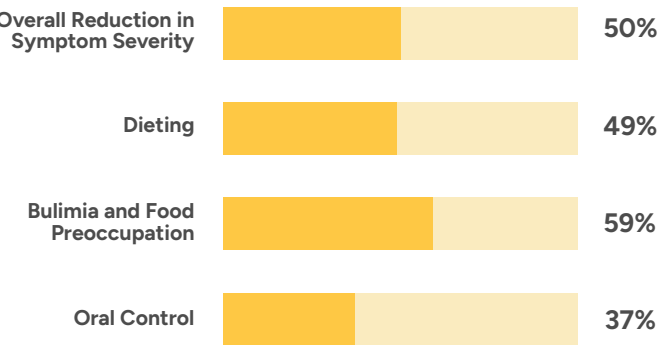


Selah House

CLINICAL OUTCOMES 2024

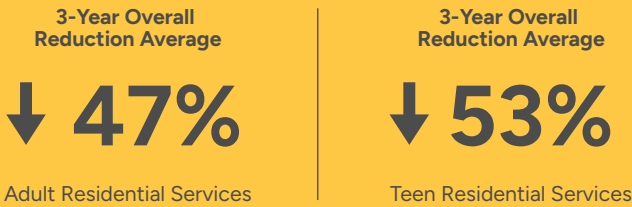
SELAH HOUSE RESIDENTIAL EAT-26: 3-YEAR AVERAGE

A self-report screening tool designed to assess symptoms and attitudes characteristic of eating disorders.



PROVEN RESULTS OVER THE YEARS

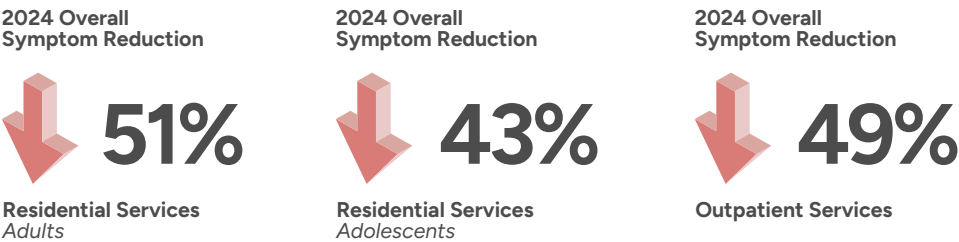
We provide comprehensive eating disorder treatment for teens and adults, combining medical care, therapy, nutritional counseling, and family support to promote lasting recovery.



(EAT-26)

ODYSSEY EATING DISORDER NETWORK (EAT-26)

In 2024, we standardized clinical best practices across all eating disorder locations, including Selah House. In 2025, we're focusing on the development of a unified nutrition model to further strengthen outcomes.



SELF-HARM REDUCTION

Selah House treats co-occurring mental health conditions. In 2024, they saw an average reduction of self-harm symptoms by



(BASIS-24)



WHAT OUR CLIENTS SAY

Voices from Our Community



Selah House provided hope and healing, which enabled me to find myself again and pursue my dreams without an eating disorder holding me back anymore. Thank you so much to Selah and its incredible staff!"

Grateful Alum
Selah House

CARE INFORMED BY RESEARCH + TRAINING

We utilize three evidence-based outcome measurement tools to monitor client progress, assess program effectiveness, and optimize treatment plans. In 2024, we enhanced this framework by adding the Brief Psychiatric Rating Scale (BPRS), a validated tool for assessing psychiatric symptom severity. This addition complements our existing assessments and further strengthens our ability to track meaningful clinical outcomes in mental health, addiction, and eating disorder recovery.



BPRS



ODYSSEY EATING DISORDER NETWORK

2024 CLIENT DEMOGRAPHICS + DIAGNOSES

We specialize in comprehensive residential and outpatient eating disorder treatment for adults and adolescents of all genders. Our comprehensive, personalized approach combines evidence-based therapies, medical support, and a whole-person approach that addresses the unique needs of each individual.

869

DISCHARGES

80%

ADULTS

20%

ADOLESCENTS

CLIENT DISORDER BREAKDOWN		PRIMARY DIAGNOSIS
Anorexia nervosa		47%
Other specified feeding or eating disorder (OSFED)		29%
Bulimia nervosa		8%
Unspecified feeding or eating disorder (UFED)		7%
Avoidant/restrictive food intake disorder (ARFID)		6%
Binge eating disorder		3%
Other		1%

Note: Percentages may not equal 100% due to rounding up or down.